

Scripps Miramar Ranch Library

May 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 *Mindful Meditation @ 2p Do Your Homework @ the Library @ 3 pm	3 Do Your Homework @ the Library @ 3 pm	4 Storytime @ 10 am Do Your Homework @ the Library @ 3 pm *Craft w/ Toshwerks @ 3:30pm (Registration is required)	5 Fun & Games for Seniors@ 10 am Do Your Homework @ the Library @ 3 pm	6 SR50+ Aging Successfully @ 10 am	7 Celebrating Asian American History@ 2:30p FREE Comic books
8 *Pleasure of Your Company Concert@ 2:30pm	9 *Mindful Meditation @ 2p Do Your Homework @ the Library @ 3 pm	10 Knitting Club @ 12:30pm StoryBox Theater @ 3pm Do Your Homework @ the Library @ 3 pm	11 Storytime @ 10 am Do Your Homework @ the Library @ 3 pm	12 Fun & Games for Seniors@ 10 am Do Your Homework @ the Library @ 3 pm *Craft w/ Toshwerks @ 3:30pm (Registration is required)	13 SR50+ Aging Successfully @ 10 am	14 Book Sale @ 10am Garden Fair @ 1:30pm
15	16 Do Your Homework @ the Library @ 3 pm	17 Knitting Club @ 12:30pm Do Your Homework @ the Library @ 3 pm Friends of the Library Meeting @ 6:30pm	18 Storytime @ 10 am Do Your Homework @ the Library @ 3 pm	19 Fun & Games for Seniors@ 10 am Do Your Homework @ the Library @ 3 pm	20	21
22	23 Do Your Homework @ the Library @ 3 pm	24 Knitting Club @ 12:30pm Do Your Homework @ the Library @ 3 pm Virtual Book Discussion @ 6:30pm	25 Storytime @ 10 am Do Your Homework @ the Library @ 3 pm	26 Fun & Games for Seniors@ 10 am Do Your Homework @ the Library @ 3 pm	27 SR50+ Aging Successfully @ 10 am	28
29	30 All Libraries Closed Memorial Day	31 Do Your Homework @ the Library @ 3 pm				



Scripps Ranch Friends of the Library

10301 Scripps Lake Dr. • 858-538-8158 • www.sandiegolibrary.org

LIBRARY HOURS

MON & TUES 11:30 AM - 8 PM
 WED THURS, FRI, SAT 9:30 AM - 6 PM
 SUN CLOSED

*Program funded by Friends of the Library

May 2022

SPECIAL EVENTS

STAR WARS STORY TIME Wed. May 4 @ 10-10:30am • Younglings are welcome to join Jedi Master Melissa for this special Star Wars themed Storytime to celebrate May the Fourth Be With You with Star Wars books and fun!

BOOK SALE Saturday, May 14 @ 10-2pm • Don't Miss this opportunity to shop for fantastic bargains on books while supporting our library!

PLEASURE OF YOUR COMPANY CONCERT Sunday, May 8 @ 2:30-4pm • Join us for a delightful afternoon of chamber music with the Me Kolme Trio, sponsored by Scripps Ranch Friends of the Library (SRFOL), Sunday, May 8, at 2:30 pm. This virtuoso violin-clarinnet-piano ensemble will perform works by Mozart, Schumann and Arutiunian. No charge; donations appreciated.

AGING SUCCESSFULLY LECTURE: LIVING WITH MEMORY LOSS Friday, May 13 @ 10-11:30am • A program designed for individuals living with early-stage memory loss and their care partners to learn strategies for adapting to daily challenges., enhancing health and well-being , and planning for the future.

Garden Fair Saturday, May 14 @ 1:30pm• Sustainable Scripps Ranch hosts this free event featuring worm composting with Master Garden Heather Holland.

Celebrating Asian American History Saturday, May 7 @ 2:30pm• Dance of celebrate Asian American History featuring traditions of the Indonesian island of Bali, and folk dance by Monali Varaiya.

REGULAR PROGRAMS

FUN AND GAMES FOR SENIORS Thursday May 5, 12 @ 10am-12pm • Come join other seniors for this fun and healthy activity! They offer a variety of board games, such as mah jong, Scrabble and card games!

KNITTING CLUB Tuesdays @ 12:30pm • Learn the art of knitting. See how much fun knitting can be. Open to all ages and skill levels. Bring a pair of needles and we'll help get you going; yarn available if needed. See how much fun and gratifying knitting can be!

MINDFUL MEDITATION Monday May 2, May 9 @ 2:00 - 3:00pm • Mindful meditation can help lower heart rate, respiration, blood pressure, and stress. Instructors from the Healthy Adventures Foundation will lead participants in meditative breathing, a contract/relax exercise, and guided imagery. Join us to de-stress from worry and care, and take a moment say help to locals taking a break in their day.

VIRTUAL BOOK DISCUSSION Wednesday, May 25@ 6:15 -7:30pm • The Scripps Ranch Book Club will be discussing ***Beloved*** by Toni Morrison on Zoom. Ask the front desk for an available copy. Visitors and new members are welcome.

CHILDREN'S PROGRAMS

DO YOUR HOMEWORK AT THE LIBRARY Mon - Thurs @ 3-6pm • Tutor led homework help for students in grades K-8

PRE-K STORYTIME Wednesdays @ 10am • Storytime with music, fingerplays, rhymes, and more! (Age: 2-5; geared towards preschoolers, but babies & toddlers may enjoy as well).

KAMISHIBAI STORYBOX THEATRE 2nd Tuesdays @ 3pm • Storytime with music, fingerplays, rhymes, and more! (Age: 2-5; geared towards preschoolers, but babies & toddlers may enjoy as well).

