



January Events

at the

Scripps Miramar Ranch Library

Our Library Needs Friends Like You!

It's not too late to show your support for our library and join the Scripps Ranch Friends of the Library (SRFOL) or renew your membership. Visit <https://www.srfol.org/join.htm> or the library for an application and to learn about membership benefits – please visit the website (<https://www.srfol.org/benefits.htm>). Your annual membership will run through December 2024. Life memberships are also available.

Music Program

“The Pleasure of Your Company” concert series, sponsored by SRFOL, presents baroque lutist Eric Dickerson performing works by Sylvius Leopold Weiss, Johann Sebastian Bach, and other composers on Sunday, January 21, at 2:30 pm. There is no charge for the concert, although donations are appreciated. Masks are recommended.

Grace's Book Nook

Shop at the Book Nook, the fabulous used bookstore in our library, open Monday through Saturday, for great bargains on gently used books for all ages and tastes, plus calendars, greeting cards, media, and more. All proceeds benefit our library. The 2nd Saturday pop-up sale is on January 13, 10 am–2 pm. Your tax-deductible donations of gently used books are always welcome.

Mark your calendar for the semiannual mega book sale on Saturday, February 3, from 9:30 am to 3:00 pm!

Programs for Children

If required, please register at <https://sandiego.librarymarket.com>.

- Storytime: Every Wednesday (except January 3) in the Community Room plus 1st and 3rd Thursdays (January 4 and 18) at 10 am in the Children's Storywell. Storytime regularly incorporates books, songs, fingerplay, rhymes, and more. Geared toward preschoolers 2-5, but babies and toddlers may also enjoy!
- Ralph's World Music: Wednesday, January 10, at 10 am. Get ready for some incredible kids' rock music, perfect for preschool kids! Sponsored by the Scripps Ranch Friends of the Library (SRFOL).
- Chess Club: Saturdays, January 6 and 20, from 11 am to 1 pm. A free chess club, providing boards, pieces, and one of our great instructors to help you play chess! Parents must be present with students at all times and are encouraged to play along as well.

- Mini-Movers and Music: Monday, January 8 and 22, at 11:30 am; ages 0–5. This is the perfect class for all those mini-movers out there! Filled with creative movement, lots of fun, music, and dance games, this energetic and expressive class will have your child learning age-appropriate dance moves, motor skills and rhythm. A new theme each week guarantees fun and excitement all session long! Sponsored by SRFOL.
- Pajama Signing Storytime: Tuesday, January 9, 6 pm. A cozy and fun event for families with young children combining the joy of bedtime stories with the added bonus of Baby Sign Language (ASL). Presented by Jennifer Duncan of Signs at Play. Participants are encouraged to wear their pajamas (optional) and bring a stuffed animal for snuggles as they listen to a children's book being read and signed. Sponsored by SRFOL.
- Craft programs with ToshWerks: Wednesdays, January 10 and 24, at 4 pm. Join us and local artists Toshwerks for a fun, hands-on DIY crafty project recommended for ages 8 and up. All supplies will be provided, but online registration is required. Projects TBA. Sponsored by SRFOL.
- Art Class with Art Smarts: Thursday, January 18, at 4 pm. Fun, exciting one-hour art class for ages 5–17. Supplies provided, but limited; first come, first served. Project TBA. Sponsored by SRFOL.
- *Kamishibai* StoryBox Theatre: Tuesday, January 23, at 6 pm; all ages. Presented by Write Out Loud San Diego, "StoryBox" is the American name given to the Japanese storytelling tradition called *kamishibai*. StoryBox combines dramatic storytelling with a wooden theatre to showcase illustrations in an engaging family-friendly storytime experience for all ages!
- Do Your Homework @ the Library, Monday – Thursday, from 3 to 6 pm. Tutor-led homework help for students in grades K–8. Having trouble with that homework? Need a little help? Our friendly Homework Coaches will provide assistance and guide you through your school assignments. You will have access to learning materials – computers, online research tools, and other digital resources are available at the library.
- Girls Who Code: Select Mondays at 6 pm; new session starts January 22; grades 3–12. Girls Who Code Clubs are meant for girls (and nonbinary) to join our sisterhood of supportive peers and role models and use Computer Science to change the world. When you join a Club, you will be able to learn from fun and simple online coding tutorials, build community through interactive activities, and learn about inspiring role models. You then work in teams to design and build a Girls Who Code Project that solves real world problems you care about through code! Grades 3–12 are welcome. Access to a laptop/Chromebook/iPad is essential for this series. If you want to join the club but do not have a device to use or have questions or concerns, please contact Melissa Barbour (MBarbour@sandiego.gov). Registration (required) will be open from January 8 at 9:30 am to January 21 at 6:00 pm. This event is part of a combined series. If you register for this event, you will be automatically registered for all following events in the series.

Mindful Meditation

Start the New Year off right by de-stressing with Mindful Meditation through the Healthy Adventures Foundation, on Mondays at 1 pm. Take advantage of this opportunity to unwind as you participate in meditative breathing, guided imagery, and muscle contraction-relaxation exercises, which can help lower blood pressure, heart rate, and stress. Participants will learn how to use these techniques in their everyday lives. Sponsored by Scripps Ranch Friends of the Library (SRFOL).

Book Discussion Group

Virtual meeting on Wednesday, January 24, at 6:30 pm, to discuss *The Splendid and the Vile: A Saga of the Churchill Family and Defiance during the Blitz* by Erik Larson. Email [srfol@yahoo.com] for details and Zoom invitation.

Programs for Adults

- Fun and Games for Seniors, Tuesdays, 12:30–3 pm; Thursdays, 10 am–12 pm. Come join other seniors for this fun and healthy activity. A variety of tabletop games are offered, including Scrabble, Mahjong, and card games. Sponsored by Scripps Ranch 50 Plus.
- Knitting group: Tuesdays, 12:30–2:30 pm. Learn the art of knitting. Open to all ages and skill levels. Bring a pair of needles and we'll help get you going; yarn available if needed. See how much fun knitting can be!
- Aging Successfully lecture: Friday, January 19, 11 am–12:30 pm. Topic TBA. In collaboration with Scripps Ranch 50 Plus.
- Garden Share: Saturday January 13, 11 am–1 pm, Library Courtyard. You're invited to bring anything garden-related (home-grown produce, plants, seedlings, seeds, and even tools) to share, and take home something you really want. This is a great opportunity to network with other local gardeners—from novices to veterans. Be sure to bring a bag to take home your finds. In collaboration with Sustainable Scripps Ranch.
- Assisted Living Communities and Residential Care Homes: It's Not What You Think: Thursday, January 4, 2:00 pm. When some people hear the words "assisted living" they still think about living out the rest of their days in a nursing home environment. That couldn't be farther from the truth! Nowadays, assisted or supported living can look like a residential home environment or a "cruise ship on land" atmosphere, depending upon your care needs, financial considerations, and geographic preference(s). Word of mouth is good but often not specific to your situation; attend this talk and get the facts on assisted living! Handout provided.
- Care Options: Living at Home: Friday, January 12, 10:00–11:30 am. Is it time for more help? Join us to learn about in-home care options and community-based resources such as adult day care, care management, and more. Presented in collaboration with the Alzheimer Association of San Diego. For more information or to pre-register visit alzsd.org/classes or call (858) 492-4400.
- Legacies of the Past: San Diego's History: Thursday, January 25, 1:00–2:00 pm. Linda Canada has drawn upon local archives and private photograph collections to create a program which she hopes will surprise you, and maybe even astound you! There are so many little details of the San Diego region's history wrapped up in street signs, maps, and photographs that may cause you to take a second look at the places you think you know, and to create a desire to know more about the area's hidden, and not so hidden, past!

Special Notes

The library will be closed on Monday, January 15, for Martin Luther King, Jr., Day.

The upper parking lot is currently closed due to the parking lot expansion project (except for two (2) spaces reserved for those with handicapped placards or license plates. Parking is limited in the lower lot. Thus, especially during the parking lot expansion project, please allow

extra time to park on Meanley Drive and walk up the scenic, paved, lighted walkway to the library. See map on SRFOL website: <https://www.srfol.org/lib-loc-hours.htm>.

Social Media

- Facebook: @ScrippsMiramarRanchLibrary, @SDPLVirtualHub, @GracesBookNook
- Instagram: @srfolibrary, @sdpubliclibrary, @sdplteens

For details and updated information about programs and library happenings, check:

- SRFOL website [<https://www.srfol.org/>], or
- Library's Facebook page [<https://www.facebook.com/ScrippsMiramarRanchLibrary>].